



ABOUT DR. LANDRAU

Carmen W. Landrau, MD is a board certified physician who specializes in cardiology and is a professional keynote speaker who uses her experience navigating a male-dominated and hierarchical career to empower other women to recognize their talents, regain confidence, and take the next steps in their careers and in life.

As a member of the speaker's bureau of the American Heart Association and throughout her career, Dr. Landrau has presented both live and on TV teaching about prevention and management of heart disease in women and in the adult population in general. She is available for speaking to corporations, groups, workshops and coaching sessions.

DR. LANDRAU HAS BEEN FEATURED IN BOTH NATIONAL AND LOCAL MEDIA:



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CARMEN W. LANDRAU, M.D.

KEYNOTE SPEAKER | COACH | CARDIOLOGIST

Dr. Carmen W. Landrau has been a keynote speaker at conferences and events for over fifteen years. She has participated in events for a few people, to lectures for medical students and residents, to non medical events with hundreds of attendees. She has provided individualized teaching and coaching to professional women and women's groups. Dr. Landrau has participated in panels, workshops and TV media interviews with excellent feedback and audience response.

Dr. Landrau has presented Keynote Lectures and Workshops for:

- Corporate Leadership Conferences
- National Women's Conferences
- Business Women's Groups
- Press Conferences
- Brand Ambassador
- Non-Profit Organizations
- University and Medical Schools
- National Association Conferences
- CE Lectures for Health Professionals

Dr. Landrau's Signature Keynotes

KNOW YOUR WORTH

Empowering women to negotiate change at any stage of your career.

Dr. Landrau's Women's Empowerment Keynote address teaches women how to recognize their talents and voice their achievements in the workplace while living in the present moment.

Action Steps for the Audience:

- How to deal with discrepancies and conflicts at work.
- Learn to recognize your talents and voice your achievements.
- Negotiate working conditions.

MAKE THE MOST OF YOUR 24 HOURS

Learn how to get support and decisiveness to reclaim your time.

In this presentation women will learn to delegate and manage their time for improved productivity, performance, and quality of life. Take home a simple process on how to stop suffocating under stress and live easier while performing at work and in your daily life while. Ideal for women's groups, workshops, and retreats.

Contact Dr. Landrau to speak at your event or conference to empower women, improve employee productivity and workplace satisfaction.